

Lulas Breakfast

breakfast

Served until 12:00 pm

Lulas Breakfast

R105

2 Eggs Of Your Choice, 2 Strips Of Bacon, Cheese Russian, Grilled Tomato, Onions & a Slice Of Artisan Bread

Bikini Breakfast

R75

1 Egg Of Your Choice, 2 Strips Of Bacon, Grilled Tomato, Onions & a Slice Of Artisan Bread

Bertie's Omelette

R95

Choose of the following:

- Bacon/Ham & Chedda-Mozza Cheese
- Double Chedda-Mozza Cheese
- Bolognese & Chedda-Mozza Cheese

Bolognese on Toast

R110

Toasted Artisan Bread Topped with Bolognese Mince, Cheddar Cheese & a Fried Egg

Peri Peri Chicken Livers on Toast

R110

Toasted Artisan Bread Topped with Portuguese Spicy Chicken Livers & a Fried Egg

Surfer's Bacon & Egg Burger

R95

Served with Chips

Creme De La Scramble

R55

Scrambled Egg on Toast

Creme De La Scramble with Bacon

R75

Creme De La Scramble with Cheese Russian

R85

Gypsy Toast

R75

French Toast Topped with Bacon & Syrup

Kids

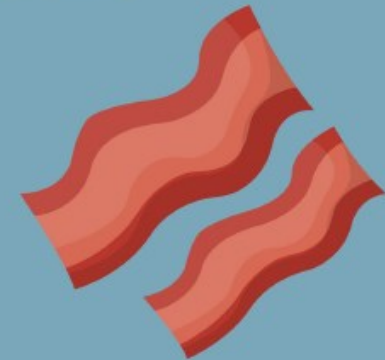
something for the kiddies

Kiddie Scramble with Toast

R75

Kiddie French Toast

R75



Lulas

Drinks

hot beverages

(Decaf option available – add R3)

Americano with Milk Hot water with a double shot espresso on top with hot or cold milk in or on the side	R28
Cortado Double espresso cut with same quantity micro foamed milk	R25
Espresso Standard double shot 18g ground coffee extracted for 25 sec 55ml	R25
Flat White Double espresso with double quantity slightly textured milk	R35
Caffe Latte Double espresso with slightly textured milk in a glass - bigger weaker flat white	R38
Caffe Mocha Espresso combined with hot chocolate	R38

hot beverages (cont)

Cappuccino Double espresso with extra foamy milk	R40
Long Black Hot water with a double shot on top	R28
Machiato Single espresso marked with foam	R25
Red Chino Rooibos with extra foamy milk on top	R38
Red Latte Rooibos with slightly textured milk in a glass	R38
Chai Latte Milky sweet aromatic spiced beverage	R38
Hot Chocolate Milo	R35
Ceylon Tea	R35
Rooibos Tea	R25

cold beverages

Juices	
SIR Juice	R38
Please consult your waiter for the available options	

Soft Drinks & Mixers	
Appletiser / Grapetiser	R28
Cappy Orange / Breakfastpunch	R28
Fitch & Leede's - assorted	R22
Schweppes - assorted	R22
Soft Drinks - assorted	R24
Water - Still / Sparkling	R20

Milkshakes	
Kiddies Shakes	R45
Large Shakes	R55

Flavours:
Chocolate, Strawberry, Lime, Bubblegum

Freezos	R50
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Flavours:
Chai Latte, Peppermint Aero, Bar-One

Ice Tea's	R50
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Flavours:
Peach Ice Tea, Lemon Ice Tea,
Mint Lemonade

Lulus

M E N U

STARTERS

LARGE SALDANHA OYSTERS	R28.00
FOCACCIA PLAIN fresh garlic, oregano & grated parmesan	R75.00
FOCACCIA PLAIN WITH FETA fresh garlic, oregano, grated parmesan & danish feta	R85.00
FRIED CALAMARI STRIPS calamari strips deep fried only, served with lemon & lulas mayo	R95.00
RISSOIS de CAMARAO the best ever creamy prawn cakes (3) served with lemon & lulas mayo	R98.00
SMOKED SNOEK CROQUETTES (6)	R98.00
TEMPURA PANKO PRAWNS 6 panko fried prawns, served with lemon & lulas mayo	R125.00
FRIED SQUID HEADS baby calamari tentacles deep fried only, served with lemon & lulas mayo	R92.00
WING IT 4pc/8pc chicken winglets thea-tucky style deep fried with a touch of portuguese spice	R60.00/R120.00
CHICKEN STRIPS deep fried chicken strips tossed in spicy flour, served with sweet chilli sauce & lulas mayo	R90.00
SPRINGBOK CARPACCIO smoked springbok carpaccio served with a baby garlic focaccia	R135.00
FIGADO DE GALINHA portuguese style peri-peri chicken livers, served with a roll	R90.00
GARLIC MUSSELS mussels in a creamy garlic sauce, served with a roll	R95.00
DEEP FRIED FETA crumbed deep fried feta served with mayo & sweet chilli sauce	R90.00
CHICKEN TRINCHADO chicken strips in a spicy trinchado cream sauce, served with a roll	R125.00
PREGO TRINCHADO beef sirloin strips cooked in a paprika wine sauce, served with a roll	R125.00
CREAMY GARLIC SNAILS creamy garlic snails, served with a portuguese roll	R125.00

SALADS

PORTUGUESE SALAD salad leaves, cherry tomatoes, onions, peppers & pickled cucumbers	R65.00
VILLAGE GREEK SALAD salad leaves, cherry tomatoes, onions, peppers, pickled cucumbers, olives & feta cheese	R85.00
CHICKEN SALAD salad leaves, cherry tomatoes, grilled chicken strips, feta, onions, peppers & pickled cucumbers	R125.00
Add Avo	R22.00

SEAFOOD

(Consult your waiter or see blackboard)

Served with your choice of rice, chips or side salad

GRILLED KING PRAWNS	SQ
GRILLED QUEEN PRAWNS	SQ
GRILLED PRINCE PRAWNS	SQ
LINE FISH GRILLED	SQ
HAKE (Grilled/Fried)	R145.00
BABY CALAMARI (Grilled/Fried)	R260.00
FRIED CALAMARI STRIPS (Main) deep fried only	R190.00
LULAS RECHEADAS calamari tube stuffed with seafood rice, grilled and served with chips or salad	R180.00
SEAFOOD CALDEIRADA traditional fisherman's stew (hake, calamari, prawns & mussels) served with rice	R245.00

ESPETADA / KEBABS

Served with your choice of rice, chips or side salad

SEAFOOD ESPETADA hake, prawns, calamari, sweet peppers & onion kebab	R248.00
RUMP STEAK ESPETADA 350g rump steak, sweet peppers & onion kebab	R189.00
CHICKEN ESPETADA 300g chicken fillet, sweet peppers & onion kebab (peri-peri, lemon & herb or BBQ)	R155.00



M E N U

COMBOS

Served with your choice of rice, chips or side salad

1/4 CHICKEN & FRIED CALAMARI STRIPS lemon or peri peri	R158.00
1/4 CHICKEN & 4 PRINCE PRAWNS lemon or peri peri	R158.00
HAKE & 4 PRINCE PRAWNS Hake grilled or fried	R210.00
HAKE & FRIED CALAMARI STRIPS Hake grilled or fried	R215.00
SIRLOIN 300g TOPPED WITH GRILLED PRINCE PRAWNS (4)	R248.00
SEAFOOD PLATTER FOR 2 Hake Grilled or Fried, fried calamari strips, prince prawns (8) & garlic mussels	R480.00

CHICKEN, BEEF & RIBS

Served with your choice of rice, chips or side salad

BIFE A PORTUGUESA traditional pan-fried 250g fillet steak in a red wine sauce with a fried egg on top (no additional sauce)	R240.00
SIRLOIN STEAK 300g steak grilled to perfection served with your choice of sauce (pepper/cheese/mushroom)	R180.00
RUMP STEAK 350g steak grilled to perfection served with your choice of sauce (pepper/cheese/mushroom)	R189.00
FILLET STEAK 250g steak grilled to perfection served with your choice of sauce (pepper/cheese/mushroom)	R240.00
LULAS RACK OF RIBS 750g rack of spareribs in our secret Lulas rib sauce	R298.00
PREGO ROLL 150g grilled sirloin steak or chicken fillet in a Portuguese roll, served with chips	R125.00
MEIO FRANGO A MOCAMBICANO peri peri / lemon & herb / BBQ half grilled chicken	R145.00
CHICKEN SCHNITZEL crumbed chicken fillet with a mushroom or cheese sauce	R145.00
CHOURIÇO ASSADO spicy portuguese sausage, flame grilled & served with a soft roll or chips	R135.00

SIDES / ADD-ONS

4 GRILLED PRINCE PRAWNS	R72.00
TOMATO RICE / SIDE SALAD	R35.00
CREAMED SPINACH / BUTTERNUT	R38.00
SAUCES PEPPER / MUSHROOM / GARLIC / CHEESE / CHILLI CHEESE	R30.00
HOMEMADE MAYO	R18.00
DEEP FRIED ONION RINGS	R35.00

INDIAN CURRIES

Served with basmati rice & indian flatbread

INDIAN BUTTER CHICKEN chicken in a creamy tomato & cashew nut sauce	R165.00
THAI SEAFOOD hake, prawns, mussels and calamari in a coconut thai curry sauce	R245.00
PRAWN CURRY prawn meat in a creamy curry sauce	R198.00
DURBAN LAMB CURRY spicy Durban lamb curry	R185.00

PASTA

TOMATO AND BASIL PESTO penne served with a tomato and basil pesto sauce	R90.00
BOLOGNAISE penne served with traditional bolognese sauce	R98.00
CREAMY PERI - PERI PRAWNS penne with creamy peri-peri prawns	R140.00
CREAMY GARLIC MUSSEL & PRAWN penne with creamy garlic mussels & prawns	R175.00
CREAMY CHICKEN & BACON penne with creamy chicken & bacon	R135.00
MUSSEL & CLAM penne with mussels and clams	R135.00



All our flatbreads are made with fresh garlic & only have cheese on when stated. Fresh rocket or basil will be added when available.

Regrettably, toppings cannot be changed or swapped around, but add-ons can be added.

MARGHERITA tomato base, origanum & mozzarella cheese	R95.00
MARGHERITA DI PARMA margherita topped with fresh parma ham & a dusting of parmesan cheese	R175.00
PEPPER STEAK & ONION margherita topped with pepper steak & caramelized onion	R175.00
BLUE DONNA Pepper Steak & Onion with Blue Cheese	R190.00
CHEDDA-MOZZA CHICKEN MAYO margherita with chicken mayo & cheddar-mozzarella cheese	R150.00
BICICLETTA margherita with creamed spinach, bacon & feta	R150.00
QUATTRO STAGIONI margherita with ham,pepperoni, artichoke & olives	R160.00
SURF'S UP margherita with bacon or ham & pineapple	R135.00
WESKUS margherita with creamy garlic mussels, calamari & prawns	R170.00
NONNA MIA margherita with bacon, feta & peppadew chutney	R140.00
POPEYE margherita with creamy spinach & danish feta	R135.00
REGINA margherita with ham & mushrooms	R145.00
CHRIS margherita with bacon, avo & feta	R150.00
SMOKEY CHICKEN margherita with chicken mayo, peppers, caramelized onion, cheddar/mozza cheese and a drizzle of smokey mayo	R150.00
PEPPERONI margherita with spicy pepperoni slices, feta & avo	R185.00
MEXICANA margherita with spicy mince and jalapeno chutney	R145.00



BEACH BUM BURGERS

Flame grilled beef patty of chicken fillet (grilled or tucky-fried) with chips & onion rings	
PLAIN JANE home-built, flame grilled beef patty or chicken fillet, layered with lettuce, tomato, onion & pickled cucumber inside a burger bun, served with Lulas mayo	R120.00
SAUCY SUZIE a plain jane craft burger with a choice of pepper/mushroom/cheese sauce	R135.00
NOORSIE a plain jane craft burger with peppadew chutney, cheddar cheese & bacon	R130.00
JONTIE a plain jane craft burger with cheddar cheese, bacon & caramelized onion	R130.00
MYLANIE a plain jane craft burger with jalapeno chutney, cheddar cheese & bacon	R130.00
BLUE BAY BACON a plain jane craft burger with bacon and our secret blue cheese sauce	R130.00
SUPER HERO a double beef patty plain jane craft burger with peppadew chutney, cheddar cheese & bacon	R150.00

KIDDIES

KIDDIE HAKE NUGGETS & CHIPS served with potato chips	R65.00
KIDDIE BEEF BURGER served with potato chips	R60.00
KIDDIE BEEF CHEESE BURGER served with potato chips	R65.00
KIDDIE MAC & CHEESE	R55.00
KIDDIE VIENNA & CHIPS	R48.00
SHREK BUBBLEBREAD tomato base & mozzarella	R60.00
DRAGON BUBBLEBREAD tomato base, ham, mushroom & mozzarella	R65.00
DONKEY BUBBLEBREAD tomato base, ham, pineapple & mozzarella	R65.00
FIONA BUBBLEBREAD tomato base, bacon & mozzarella	R65.00
SMURF BUBBLEBREAD tomato base, creamed spinach & mozzarella	R65.00
KIDDIE MILKSHAKE Flavours : Chocolate, Strawberry, Bubblegum, Lime	R45.00
KIDDIE ICE CREAM with Chocolate/Berry Sauce	R45.00

CHIPS

SALT & VINEGAR FRIES Small R40 / Large R55	R75.00
YUM YUM FRIES (Large Only) Cheese sauce, Bacon Bits & Smokey Mayo	R75.00
BANG BANG FRIES (Large Only) Chilli Cheese Sauce, Bacon Bits & Spicy Mayo	R75.00
ROADSTER FRIES (Large Only) Chilli Cheese Sauce, Bacon Bits, Jalapeno Slices... & MORE Cheese!	R125.00

DESSERTS

AFFOGATO layered vanilla ice-cream, single espresso & toasted almonds	R65.00
PEPPERMINT CRISP TART decadent peppermint crisp tart	R52.00
VANILLA ICE-CREAM served with a choice of chocolate/wild berry sauce	R48.00
CRÈME BRÛLÉE a delicious creamy dessert topped with caramel	R52.00
BAKED CHEESECAKE	R60.00

COFFEE & OTHER HOTTIES

ESPRESSO	R26.00
ESPRESSO MACHIATO single espresso topped with frothed milk	R28.00
ESPRESSO CON PANNA single espresso topped with whipped cream	R32.00
CAPPUCCINO OR RED CAPPUCCINO topped with frothed milk	R40.00
AMERICANO	R30.00
CAFE LATTE espresso with hot milk served in a mug	R40.00
CHOCOLACCINO espresso, hot chocolate, frothed milk served in a mug	R48.00
IRISH or KAHLUA COFFEE	R58.00
DOM PEDRO / KAHLUA PEDRO	R58.00
ROOIBOS / EARL GREY / FIVE ROSES / CAMOMILE	R28.00
HOT CHOCOLATE / MILO	R38.00



M E N U

WHITE WINE

WINE/BUBBLY PER GLASS

Spier Sauvignon Blanc	R55.00
Spier Chardonnay Pinot Noir	R55.00
Spier Merlot	R65.00
Spier Cap Classique Brut	R90.00
Spier Secret Sparkling	R55.00

SPIER

Sauvignon Blanc	R165.00
Chenin Blanc	R165.00
Chardonnay Pinot Noir	R165.00
Chardonnay	R165.00
Seaward Chardonnay	R248.00
Seaward Sauvignon Blanc	R248.00

DARLING CELLARS

Reserve Sauvignon Blanc	R140.00
Reserve Chenin Blanc	R140.00
Merlot Rose	R115.00
Chenin/Sauvignon Blend	500ml R68.00 750ml R115.00
Pyjama bush Dry Rose	R140.00

BLAKE FAMILY WINES

16 Mile Swemgat White	R125.00
16 Mile Rooipan Rose	R125.00
Tourmaline	R300.00

OTHER VARIATALS

Warwick First Lady Chardonnay	R235.00
Diemersdal Sauvignon Blanc	R175.00
Diemersdal Chardonnay	R175.00
Saronsberg Earth In Motion Chenin Blanc	R155.00

RED WINE

SPIER

Signature Merlot	R195.00
Signature Cabernet Sauvignon	R195.00
Pinotage	R195.00
Seaward Shiraz	R248.00
Creative Block 5	R380.00

DARLING CELLARS

Six Tonner Reserved Merlot	R165.00
Black Granite Reserved Shiraz	R165.00
Cab/Merlot Blend	500ml R68.00 750ml R115.00

GROOTE POST

Old Man's Blend Red	R185.00
Old Man's Blend White	R185.00

BLAKE FAMILY WINES

16 Mile Beach Blomtuin Red	R150.00
Malbec	R225.00

OTHER VARIATALS

Saronsberg Provenance Shiraz	R230.00
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MCC SPARKLING

Spier Cap Classique Brut	R360.00
Spier Secret Sparkling	R225.00
Saronsberg Cap Classique Brut	R385.00
Blakes Cap Classique Brut	R450.00

Subject to availability. Not for sale to persons under 18 years of age. Enjoy Responsibly.

